Anemia Test Results

Patient Information:

• Name: [Patient Name]

• Date of Birth: [DOB]

• Patient ID: [Patient ID]

Date of Test: [Test Date]

Test Results:

Test Result Reference Range

Hemoglobin (Hb) [Result] 13.8 - 17.2 g/dL (Men) 12.1 - 15.1 g/dL (Women)

Hematocrit (Hct) [Result] 40.7% - 50.3% (Men) 36.1% - 44.3% (Women)

Mean Corpuscular Volume (MCV) [Result] 80 - 96 fL

Mean Corpuscular Hemoglobin (MCH) [Result] 27 - 31 pg

Mean Corpuscular Hemoglobin Concentration (MCHC) [Result] 32 - 36 g/dL

4.7 - 6.1 million cells/μL (Men)

Red Blood Cell Count (RBC) [Result] 4.2 - 5.4 million cells/μL

(Women)

 $[Result] 60 - 170 \,\mu\text{g/dL}$

Ferritin [Result] 20 - 500 ng/mL

Transferrin Saturation [Result] 20% - 50%

Vitamin B12 [Result] 200 - 900 pg/mL

Folate [Result] 3 - 17 ng/mL

Diagnosis:

• **Anemia Type**: [Type]

• **Severity:** [Mild/Moderate/Severe]

• **Possible Causes:** [Iron Deficiency/Vitamin Deficiency/Chronic Disease/Other]

Recommendations:

• **Dietary Changes:** [e.g., Increase intake of iron-rich foods]

• **Supplementation:** [e.g., Iron supplements, Vitamin B12 shots]

• Follow-Up Tests: [e.g., Repeat CBC in 3 months]

• **Referral:** [e.g., Hematologist]

Physician's Signature:

• Name: [Physician's Name]

• Contact Information: [Physician's Contact Info]